

All our Crêpes contain eggs and flour (wheat or buckwheat) and are made with butter.
Savoury Crêpes are normally made with pepper and sweet crêpes with sugar.

Les Champignons à l'ail

- Mushrooms in Garlic -

Mushrooms in Garlic Cheese (v) 9.50
All oozing with garlicky cheese, mushrooms & garlic, sprinkled with parsley & pepper

Mushroom in Garlic Cheese with Ham too 10.00
As the Mushroom Garlic Cheese but with slices of ham added on

Mushroom Garlic Cream (v) 9.40
With a cream and butter sauce with garlic, parsley and pepper (no cheese)

Les Champignons à l'Éstragon

- Mushrooms in Tarragon -

Mushroom Tarragon Cheese (v) 9.50
Mushrooms in a sauce of melted cheese perfumed with Tarragon and finished with a little pepper. Would you like a little garlic in it too?

Mushroom Tarragon Cheese and Ham 10.00
As above but with Ham too

Mushroom Tarragon Cream (v) 9.40
Mushrooms in a Tarragon sauce of butter and cream. You can have it with a little garlic too if you like?

Les Épinards

- Spinach -

Spinach Garlic Cheese and Cream (v) 9.50
Made With Spinach Leaves in melted garlicky cheese and splashed with cream

Spinach and Cheese (v) 9.40
A simpler combination - but still very popular

Spinach Garlic cheese and Ham 10.00
The Garlicky Spinach goes well with Ham too

Sarrazin - Galette

Buckwheat flour when available (Gluten Free) + 1.00

Les Asperges au Poivre

- Asparagus in Pepper -

Asparagus and Cheese (v) 10.00
Asparagus Spears in peppered cheese

Asparagus Cheese and Ham 10.50
Asparagus Spears in peppered cheese with Ham too

Asparagus and Cream (v) 9.90
Asparagus in a sauce of peppered butter and cream

Les Ratatouilles

Ratatouille and Cheese (v) 9.50
Just as it sounds - a great combination!
Ratatouille Ham and Cheese (add £1)

Ratatouilles + Tandoori Mix 10.00
Ratatouille & Cheese goes really well with Tandoori as does the one with ham too. We recommend a sprinkling Tandoori on Ratatouille Crêpes

Slimmers' Galette (v) 10.00
Sarrazin and Ratatouille (available without butter, and no cheese) Absolutely delicious and nothing like the calories of the others Try it also with ham +£1.00

Jambon & Fromage

Ham and Cheese 9.00
Still one of the most popular. Made with ham, cheese and a little pepper

Crêpe Complète 9.50
Highly recommended. Ham and Cheese Crêpe with an egg broken over the ham. The nearest thing the French will ever get to an English breakfast! Hard or soft egg?

Galette Complète 10.20
Just as the Crêpe Complete above but made with the dark nutty sarrazin flour. This one really works well with the crispy buckwheat pastry

Thon et Maïs 10.00
Tuna & Sweet corn with a little cheese and pepper and a touch of cream.

ALLERGIES Because of our confined space, we cannot guarantee that any crêpe is completely free of any of the ingredients you see here. Small particles of any of the above ingredients may be left on the plate. All crepes are made with flour and eggs and there is some milk in the milk chocolate. Peanuts, almonds, walnuts and hazelnuts may be around somewhere, even in tiny quantities. Therefore, if you have an allergy, we cannot guarantee that your crêpe is completely free of any ingredient. However, you are welcome to watch as your crêpe is made and use your own discretion.